Teen Size Larger Alternate Squares Pattern

WHO: Thank you for joining thousands of volunteer quilters who **transform fabric into patchwork quilts that comfort children in need!**

Are you receiving our monthly Newsletter? If not, email Info@NeGaQuiltsForKids.org and ask to be added to the newsletter email distribution list.

WHAT: You will need the following:

Quantity 17: 6½" squares of focus/print fabric
qty 18: 6½" squares of coordinating fabric
qty 4: 1½" strips of inner border fabric
qty 4: 3½" strips of outer border fabric
qty 1: 42" x 56" Backing fabric (coordinates with the front patchwork fabric pieces)

*You will need to provide **Low Loft ⅛"– ¼" thick cotton or polyester Batting** along with **good quality cotton or polyester thread**. Do NOT use any invisible, clear/mono-filament thread as it is NOT heat resistant and NOT recommended for industrial dryers, which are used at the hospitals.*

WHEN: We deliver over 70 quilts per month to local hospitals and shelters. In order to continue to meet this goal, we request that you turn-in quilts as soon as they are completed.

WHERE: Either drop-off your completed quilt at one of our Workshops, Partner Quilt Shops or Guilds or contact us at 678-617-9671 to arrange delivery.

HOW: Please help keep the costs of operation down by returning the completed Quilt folded inside a large Ziploc bag.

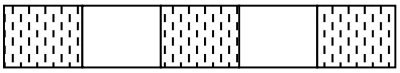
WHY: To learn more about the Northeast Georgia Chapter of Quilts for Kids, our workshops, drop-off locations, and where we donate the quilts, please visit www.NeGaQuiltsForKids.org. To learn more about the Quilts for Kids Founder & how it all began, visit the corporate website at www.QuiltsForKids.org.

Assembling the Quilt

Completed quilt dimensions are approximately 38"W x 50"L. ***DO NOT ADD EMBELLISHMENTS!*** *The quilt should NOT have buttons, long strings, loops, sequins, rhinestones, etc. which are choking hazards!*

Remember – a ¼" seam allowance is used for all seams.

1. Sew blocks of fabric together as shown in the diagrams below:



Make 4 rows of
3 focus/print blocks with 2 coordinating blocks.

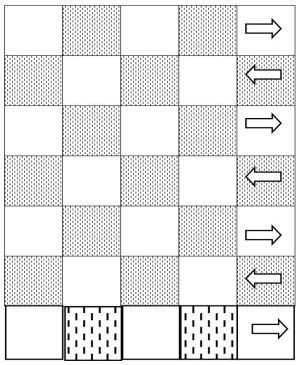


And make 3 rows of
2 focus/print blocks with 3 coordinating blocks.

All quilts should be **sewn and quilted on a MACHINE *(NO hand-tied quilts)*** and **use a lot of quilting!**

Quilts For Kids motto: ***One Stitch, one Quilt, one Kid at a time…***

2. Sew the 7 rows of alternating blocks together as shown below:



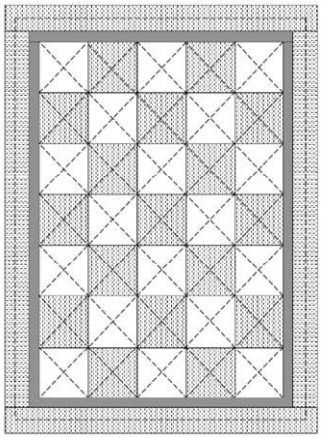
Arrows indicate the direction to press seams.

Add "Lots of Love" to the quilt. The kids feel it!

3. Add the top and bottom inner borders first. Trim excess fabric from each strip and sew it to the remaining inner strips. Then add them to the sides of the quilt for the inner borders.

4. Add your outer borders in the same manner as the inner borders, first adding the top and bottom borders and then adding the side borders. You will have to piece leftover from strip to add to side pieces. Your quilt top should look like the diagram below.

5. **Layering the quilt:** Use only one thin layer of **LOW LOFT *⅛"– ¼"*** thick cotton or polyester **Batting** *(you will provide)*. Baste the quilt layers together *(either with safety pins or needle and thread)* then **MACHINE** quilt. *(Or you can pillowcase/birth the quilt before quilting.)* This quilt will be loved and washed a lot, so **make sure that there's lots of quilting to hold up to daily hospital washings** *(recommended quilting shown below)*. Unless you birthed the quilt, bind the quilt as you normally would using either a traditional binding *(you will provide)* or fold the backing to the front of the quilt. Keep binding on front of the quilt to ¼"-½" wide. To use backing as a binding, cut the batting even with the top of the quilt and the backing an inch larger. Double-fold the backing to front of the quilt and topstitch using a ***Zig-Zag stitch to keep binding edges down so they won't snag on something.***



Suggested Straight Line Quilting

We recommend quilting with stitch-in-the-ditch technique horizontally & vertically between all blocks as well as diagonally (depicted by dashed lines in the left diagram).

Don't forget to quilt around the inner border and add some quilting to the outer border.

If you desire, do an all-over meander or design.

6. Using a pigma or indelible pen, **sign your first name** (last initial is optional) **or nickname** *(Grammie)* **on the label**. *(Sharpies tend to bleed.)* Place the signed label on the **back bottom corner** of the finished quilt and **machine stitch around all four sides of the label**. Do NOT tuck the label into the seam or sew the label on the front of the quilt.

7. **CHECK FOR AND REMOVE ALL PINS!**

8. **WASH and DRY** the finished quilt. **Place folded quilt and small Ziploc bag of scraps and instructions into the larger Ziploc bag** prior to shipping/delivery so it is **ready to be gifted!**

Thank you *for the **hours you invested** in making this quilt…it will provide **years of comfort!***